

BREAKFAST

af

CAPE CORNWALL CLUB

with Ian Salmon

FROM THE KITCHEN CONTINENTAL

7.5pp continental only
Full Cornish 12.5
4pp with cooked breakfasts

Grilled Cornish bacon, St Ewe's egg, local sausage, flat cap
mushroom, hogs pudding, hash brown, beans

Homemade granola

French toast 10.5 Trewithen Dairy yogurt

with smoked Cornish bacon, maple syrup

Homemade compote

Avocado on English muffin 11
Crushed avocado with lime and chilli, spring onion, poached St Danish pastries

Ewe's eggs

Fruit bowl

Eggs Benedict 11.5

English muffins, smoked Cornish bacon, poached St Ewe's eggs, Cereals

hollandaise, chives

BAPS / SANDWICHES

Toast

Cape Cornwall Club granola 6 marmalade, jam Granola, Trewithen Dairy yogurt, blossom honey, mixed berry

compote Fruit juices

on quieter days continental items are available on request so we can ensure all items are fresh

HOT DRINKS

Bacon 5.5 Bacon and egg 6.5 Americano 2.75 Mocha 3.25

Sausage 7.5 Sausage and egg 8 Latte 3.1 Pot of tea 3

Sausage and bacon 7.50 Sausage, bacon and egg 8.5 Hot chocolate 3

at the time of ordering, please inform your server of any allergies or intolerances you may have



LUNCH

CAPE CORNWALL CLUB

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LIGHT LUNCHES

Chicken club sandwich 7 local chicken, Cornish smoked bacon, baby gem, tomato, mayonnaise

BLT 7 Cornish bacon, lettuce tomato, mayonnaise

Soup of the day 6

Chargrilled chicken caesar 10 baby gem, croutons, aged parmesan, anchovy, caesar dressing

Fish and chips 14 local haddock, triple cooked chips, curry sauce, tartare sauce, mushy peas

BURGERS all served on a freshly baked brioche bun with chips and salad

Steak burger 14 pickled cucumber, cheese, tomato, ketchup, mustard

Buttermilk fried chicken 14 pickled cucumber, cheese, tomato, roasted garlic mayo

PIZZAS all pizzas are served on either a 9" or 12" base

Margherita 9 / 14 tomato sauce, mozzarella, basil

Pepperoni 11 / 16 tomato sauce, mozzarella, basil

Hoisin duck 12 / 17 tomato sauce, spring onion, cucumber, sesame seeds, mozzarella, basil



SUNDAY ROASTS

af

CAPE CORNWALL CLUB

with Ian Salmon

one course 16

two courses 21

three courses 26

STARTERS

Butternut squash soup thyme parmesan toast

Deep fried squid miso mayonnaise, pickled vegetables

Smoked salmon risotto dill, parmesan, lemon

MAINS

Pork loin roast potatoes, neaps, parsnips, Yorkshire pudding, toffee apple sauce

Beef brisket roast potatoes, neaps, parsnips, Yorkshire pudding. horseradish

Butternut squash risotto

DESSERTS

Sticky toffee pudding butterscotch sauce, cornish clotted cream

White chocolate pannacotta berry compote, caramac

Christmas pudding cornish clotted cream



CAPE CORNWALL CLUB CHILDREN'S MENU

MAINS

by Ian Salmon

Margherita pizza

Macaroni cheese garlic bread

20z beef burger chips

Fish fingers served breadcrumbed and fried, chips

DESSERTS

Chocolate brownie

Roskilly's ice cream pots various flavours



DINNER

CAPE CORNWALL CLUB

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SNACKS AND SIDES

Thin chips 4

Creamed local kale 4

Truffle mash 5

Smoked almonds 4

Olives 4

Salt baked beetroot crispy onions 4

Halloumi fries 5 gochujang mayonnaise

CCC focaccia bread 4 olive oil, balsamic

STARTERS

French onion soup 7.5 thyme parmesan toast

Deep fried squid 10 miso mayonnaise, pickled vegetables

Pressed pork and duck 10 pork and duck rillette, baked salted beetroot, apple purée, toasts

Chargrilled artichoke 9 smoked aubergine purée, polenta ,crispy leeks, feta

MAINS

CCC fish and chips 18 beer-battered fish, triple cooked chips, tartar sauce, mushy peas, charred lemon

Pork chop 22 truffle mash potato, duck fat carrot, creamed kale

Newlyn hake 22 hand-line caught Newlyn hake, parsnip purée, baked shallot, chicken butter sauce

> Wild mushroom gnocchi 16 hen of the woods, roasted butternut squash, gnocchi, basil aioli



DINNER

CAPE CORNWALL CLUB

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Buttermilk fried chicken 14 pickled cucumber, cheese, tomato, roasted garlic mayo

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DESSERTS

Vegan ice cream 5 passionfruit sorbet, blood orange sorbet, lemon sorbet

Dark chocolate delice 7 passionfruit sorbet, chocolate caramel

Spiced orange and pistachio pudding 7 orange compote, mascarpone

Yoghurt cake 7 pine nut praline, pistachio ice cream, armarene cherries



BAR MENU

af

CAPE CORNWALL CLUB

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STARTERS

Deep fried squid 10 miso mayonnaise, pickled vegetables

Butternut squash soup 7.5 thyme parmesan toast

MAINS

Pork belly 22 salt baked beetroot, thin chips

CCC fish and chips 18 beer-battered fish, triple cooked chips, tartar sauce, mushy peas, charred lemon

BURGERS

all served on a freshly baked brioche bun with chips and salad

Steak burger 14 pickled cucumber, cheese, tomato, ketchup, mustard

Buttermilk fried chicken 14 pickled cucumber, cheese, tomato, roasted garlic mayo PIZZAS

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DESSERTS

Vegan ice cream 5 passionfruit sorbet, lemon sorbet

Dark chocolate delice 7 passionfruit sorbet, chocolate caramel

White chocolate panncotta 7 berry compote, caramac